



# The Pulse of NJ

NJHA Annual Meeting 2025 • January 30, 2025











# **Welcome • NJHA Annual Meeting 2025**

Velcome to the New Jersey Hospital Association's 106th Annual Meeting. It's part of our tradition here to mark the start of the Association year – a time to reflect on what we've accomplished together and to refocus on the priorities ahead of us.

Every era brings its challenges, but 2025 carries with it a greater sense of uncertainty and ambiguity. Healthcare is at a crossroads. We continue to cherish and honor our longstanding mission of caring, but the landscape around us is shaped by new entrants in the healthcare space, the growing influence of consumerism, rapid advances in technology, an older and sicker population and striking the perfect balance between top-quality, accessible care and managing healthcare costs. Add in a new president pursuing disruptive change and a looming gubernatorial election, and it's clear we must lead even if the path forward isn't entirely clear.

What hasn't changed: NJHA's commitment to helping its members deliver high-quality, high-value care. Our members are the lifeblood of New Jersey – always open and ready to care, investing \$3.5 billion annually in healthy communities and creating opportunities all across the state with our \$31.4 billion economic impact.

Today is about celebrating our successes, recognizing those who serve selflessly and launching a new year in pursuit of our noble mission: to improve the health of New Jerseyans. And tomorrow, we roll up our sleeves and get right back to work. To health!

Cathy Bennett

NJHA President and CEO

Mark Stauder
NJHA Board Chair,

President of the Hospitals & Health Services Divisions &

Tal Stander

COO, Hackensack Meridian Health



# 2025 NJHA Annual Meeting • Agenda

# **Program of the Day**

Welcome Remarks

**Cathy Bennett** 

President and CEO New Jersey Hospital Association

Outgoing Chair's Remarks

### **Bill Arnold**

Executive Vice President, RWJBarnabas Health Chief Executive Officer, Robert Wood Johnson University Hospital President, Southern Region, RWJBarnabas Health

Installation and Remarks from 2025 Chair

### **Mark Stauder**

President of the Hospitals & Health Services Division Chief Operating Officer, Hackensack Meridian Health

• New Chair's Reception



# Officers • NJHA Board of Trustees 2025



Mark Stauder President of the Hospitals & Health Services Division Chief Operating Officer, Hackensack Meridian Health Chair

Mark joined Hackensack Meridian *Health* in 2019 as Chief Operating Officer responsible for the operation and management of 10 acute care hospitals.

He was appointed to the NJHA Board in 2020 and served previously as vice chair and treasurer. He also chaired the Finance Committee in 2023 as well as the HRET and HBS Boards. He served as Chair of the Policy Development Committee in 2024.

He will serve as Chair of the Executive and Executive Compensation committees and as a member of the Governance and Nominating Committee. In 2025, in his role as NJHA Chair he also serves as ex-officio on the HRET and HBS Boards.



Deborah D. Visconi President and CEO, Bergen New Bridge Medical Center Vice Chair

Deborah is President and CEO of Bergen New Bridge Medical Center.

She was appointed to the NJHA Board in 2020 and is a director on the HealthPAC Board. She chaired the NJHA Audit and Compliance Committee and served on the Executive Committee and HRET Board in 2023.

In 2024 she served as Treasurer and Chair of the NJHA Finance Committee and on the HRET and HBS Boards, as well as the NJHA Executive and Executive Compensation committees. In 2025 she will serve as the NJHA Vice Chair and as a member of the NJHA Executive and Executive Compensation committees, along with the HBS Board.



Cathleen D. Bennett President and CEO, New Jersey Hospital Association President

As President and CEO of NJHA, Cathy oversees NJHA, the Health Research and Educational Trust of New Jersey and NJHA Healthcare Business Solutions. Prior to joining NJHA, she served as New Jersey's 20th Health Commissioner.

In her role as President and CEO, Cathy serves on the NJHA, HRET, HBS and HealthPAC Boards and is a member of all Board Task Forces and Committees.

# Officers • NJHA Board of Trustees 2025



Bill Arnold
Executive Vice President, RWJBarnabas Health
Chief Executive Officer, Robert Wood Johnson University Hospital
President, Southern Region, RWJBarnabas Health
Immediate Past Chair

Bill is Executive Vice President of RWJBarnabas Health, CEO of Robert Wood Johnson University Hospital and President of the RWJBarnabas Health Southern Region. He has been with Robert Wood Johnson University Hospital for more than 25 years.

He was appointed to the NJHA Board in 2019 and served as chair of the Policy Development Committee in 2023. He also chaired the Executive Committee and Executive Compensation Committee in 2024, and served on the Governance and Nominating committees. He has also served as chair of the Finance and Audit and Compliance committees. In 2024 in his role as NJHA Chair he also served as ex-officio on the HRET and HBS Boards. In 2025 he will chair the NJHA Governance and Nominating Committee.



Robert W. Brenner, MD, MMM, FACHE President and CEO, Valley Health System Treasurer

Dr. Brenner is President and CEO of Valley Health System, where he oversees quality and performance improvement, strategic relations and clinical service line development across the health system.

He was appointed to the NJHA Board in 2020. He chaired the NJHA Audit and Compliance Committee and served on the Executive Committee and HRET Board in 2024. In 2025 he will serve as Treasurer and Chair of the NJHA Finance Committee as well as Treasurer of the HRET and HBS Boards.



Patricia A. O'Keefe, Ph.D, RN
President, Morristown Medical Center, Atlantic Health System
Senior Vice President, Atlantic Health System
Chief Nursing Executive, Atlantic Health System
Secretary

Trish O'Keefe was named President of Morristown Medical Center in 2016, and in 2021 she added the roles of Senior Vice President and System Chief Nurse Executive for Atlantic Health System.

Under Trish's leadership, Morristown Medical Center has been recognized nationally for healthcare quality and holds the prestigious designation as Magnet Hospital for Excellence in Nursing Service, the highest level of recognition achievable from the American Nurses' Credentialing Center.

Trish began her first term on the NJHA Board in 2024.



Sam Bayoumy, PT, MBA President, Kessler Institute for Rehabilitation

Hossam (Sam) is President of Kessler Institute for Rehabilitation, providing operational oversight of its four hospital campuses in New Jersey. He is responsible for ensuring the overall quality and safety of care, regulatory compliance, financial management and the strategic growth of the organization.

He previously served as chief executive officer of Cleveland Clinic Rehabilitation Hospital – Avon, in Ohio, which, like Kessler Institute, is part of Select Medical. Prior to that, he was the senior director of rehabilitation services and clinical leader for the Brain Injury Program at Kessler Institute.

He began his first NJHA term in 2024.



Eric Carney
President and CEO, Monmouth Medical Center, RWJBarnabas Health

Eric is President and CEO of Monmouth Medical Center and Monmouth Medical Center Southern Campus, where he is responsible for the daily operations of both campuses. He joined Monmouth Medical Center in 2016 as chief operating officer. He began his career at RWJBarnabas Health more than 25 years ago as a respiratory therapist.

Eric was reappointed to the NJHA Board in 2023 and also serves on the NJHA Policy Development Committee.



Aaron Chang, FACHE
President, Jefferson Health East Region

Aaron is President of Jefferson Health – East where he is responsible for overseeing daily operations of Jefferson's three New Jersey acute care hospitals in Cherry Hill, Stratford and Washington Township. He came to Jefferson from Catholic Health in New York, where he was President of Sisters of Charity Hospitals and Central Market Leader.

He will begin his first NJHA term in 2025.



James G. Demetriades, MBA CEO, Penn Medicine Princeton Health

James is CEO of Penn Medicine Princeton Health, where he has served for 19 years. In his previous role as Senior Vice President and Chief Operating Officer of Princeton Health, he has served as a key player in some of Princeton Health's most important milestones over the past several years — a transformative time that included joining the University of Pennsylvania Health System.

He was appointed to the NJHA Board in 2024.



Vincent J. Dicks Chair, Board of Governors, Saint Peter's Healthcare System

Vincent is chairman of the Saint Peter's Healthcare System Board of Governors. He has managed and consulted in organizations of all sizes with resulting transformation of business strategy, sales/customer and systems/data and operations. With more than three decades of experience as a senior operating executive, entrepreneur and private investor, he is passionate about the future of healthcare and technology.

He was appointed to the NJHA Board in 2023.



John Doll Senior Executive Vice President and COO, RWJBarnabas Health

John is Senior Executive Vice President and Chief Operating Officer of RWJBarnabas Health. He oversees the system's day-to-day operations, clinical activity and academic partnership with Rutgers University. Prior to assuming his current role and for over a decade, he guided RWJBarnabas Health's financial operations through mergers, consolidations and health crises in leadership roles including Chief Integration Officer, Chief Financial Officer and most recently, Chief Financial and Administrative Officer.

He will begin his first NJHA term in 2025.



Stephen J. Dumke, LHNA, FACHE President and Chief Operating Officer, Christian Health

Stephen is the President and Chief Operating Officer for Christian Health. He oversees a continuum of senior-life, short-term rehab and behavioral health services and communities which include skilled nursing, assisted living, pre-assisted living and independent-living residences, along with behavioral health inpatient and outpatient services and inpatient and outpatient short-term rehab. He joined Christian Health in January 2016 as the Executive Vice President and Chief Operating Officer. He has served on multiple committees and councils for NJHA and LeadingAge New Jersey and Delaware, where he served as Chair.

He was appointed to the NJHA Board in 2024.



Regina M. Foley, PhD, MBA, RN EVP, Chief Nursing Executive and Chief Clinical Transformation & Integration Officer, Hackensack Meridian Health

Regina currently serves as Executive Vice President, Chief Nursing Officer and Chief Clinical Transformation and Integration Officer for Hackensack Meridian *Health*. Over the past 36 years, Regina has held various executive leadership and clinical roles including chief hospital executive, chief operating officer, chief transformation officer and chief nursing officer. As a registered nurse, Regina leverages dual expertise in clinical and operational backgrounds to achieve exceptional and sustainable results.

Regina began her first term on the NJHA Board in 2024.



Patrick Gavin, MPH, MBA
President and CEO, Hunterdon Healthcare System

Patrick joined Hunterdon Healthcare in 2019 as President and CEO. He has a diverse background at the executive level in large health systems leading operations, finance, information systems and population health initiatives.

He was appointed to the NJHA Board in 2021.



Warren Geller President and CEO, Englewood Health

Warren joined Englewood Health in 2009 and was appointed President and CEO in 2013. Under his leadership, Englewood Health has grown significantly, with a focus on extending services beyond the main hospital campus to be more accessible to local communities. The system now encompasses more than 100 locations across five counties.

Warren served on the NJHA Board from 2016-2022 and was reappointed in 2024.



David Hughes CEO and President, Shore Medical Center

David is the CEO and President of Shore Medical Center. His service began as a volunteer for Shore Medical Center's Board of Trustees; he went on to officially join the hospital team in 2014. He has been instrumental in ensuring the Shore Health System's financial stability, with an unwavering commitment to keeping Shore an independent, non-profit hospital.

He is beginning his first NJHA term in 2025.



Amy B. Mansue President and CEO, Inspira Health

Amy was appointed President and CEO of Inspira Health in August 2020. She has dedicated nearly three decades of service to the healthcare industry. Prior to her role at Inspira, she served as Executive Vice President and Chief Experience Officer at RWJBarnabas Health. She was also the former Chief Executive Officer of Children's Specialized Hospital.

Amy served as NJHA Board Chair in 2018-2019, with NJHA Board terms from 2004-2011 and 2014-2019. She has also chaired NJHA's Executive, Executive Compensation, Policy Development and Governance and Nominating committees. She is also a HealthPAC Director serving since 2015.



Michael Maron President and CEO, Holy Name

Mike joined Holy Name in 1987 as Vice President and Chief Financial Officer. He was promoted to Senior Vice President in 1991 and named President and CEO in 1997.

Mike was appointed to the NJHA Board in 2021. He also served as chair of the HealthPAC Board and the Hospital Funding Transformation and Charity Care task forces.



John Matsinger, DO, MBA, FACOI Executive Vice President/Chief Operating Officer, Virtua Health

Dr. Matsinger is Executive Vice President and COO at Virtua Health, responsible for overseeing all aspects of its operations. His areas of responsibility include the system's acute care hospitals, satellite emergency rooms, rehabilitation services, pharmacy operations, radiology services, lab services and the Virtua Medical Group.

He was appointed to the NJHA Board in 2023.



Michael A. McLaughlin Chairman of the Board, Inspira Health

Michael is chairman of the Board at Inspira Health. He also served on the board of Inspira Medical Center Woodbury and chaired the Underwood Memorial Hospital Board from 2009-2012.

He was appointed to the NJHA Board in 2021 and serves on the Investment Committee.



Kevin O'Dowd, JD Co-President/CEO, Cooper University Health Care

Kevin is Co-CEO of Cooper University Health Care after previously serving as Senior Executive Vice President and Chief Administrative Officer. A lawyer by background, prior to joining Cooper he spent nearly 20 years across various senior roles in the New Jersey Office of the Governor, U.S. Attorney's Office for the District of New Jersey and the New Jersey Office of the Attorney General.

He was appointed to the NJHA Board in 2020.



Dustin Riccio, MD, MBA
President and CEO, St. Joseph's Health

Dr. Dustin Riccio took the helm of St. Joseph's Health in January 2024 as its President and CEO. He formerly served in various leadership capacities at Rochester Regional Health in New York, including President of Unity Hospital and Unity Specialty Hospital, as well as President of Regional Operations for the health system. He also served as President of the Medical Staff for Unity Health System, prior to its merger with Rochester Regional Health System in 2014.

He will begin his first NJHA term in 2025.



Thomas W. Scott, FACHE, FABC

President and CEO, CentraState Healthcare System

Tom serves as President and CEO of CentraState Healthcare System. Prior to being named President, he served as Senior Vice President and Chief Operating Officer. He also served as Chief Operating Officer at Chilton Medical Center in Pompton Plains, part of Atlantic Health System.

He was appointed to the NJHA Board in 2023 and also serves on the HBS Board.



Steven Sheris, MD, FACC, FACP Executive Vice President, Chief Physician Executive, Atlantic Health System President, Atlantic Medical Group

Dr. Sheris is Executive Vice President and Chief Physician Executive for Atlantic Health System and President of Atlantic Medical Group. He serves on the staff of Overlook and Morristown Medical Centers and was the chief of Cardiology at Overlook Medical Center.

He was appointed to the NJHA Board in 2022.



Alan Sickles, MD
Chief Executive Officer, Saint Michael's Medical Center

Dr. Sickles joined the staff of Saint Michael's Medical Center as its COO in June 2020 and was quickly promoted to CEO three months later. During Dr. Sickles' tenure at Saint Michael's, the hospital has earned numerous accolades for patient safety, clinical excellence and social responsibility. Dr. Sickles joined the hospital after a career as a breast surgeon and hospital executive in major health systems in New York City, including NYU Langone Health, Lutheran Healthcare, North General Hospital and the Cabrini Medical Center.

He is beginning his first term on the NJHA Board in 2025 and will continue to serve on the HRET Board.



Mark Sparta, FACHE Executive Vice President, Population Health President, Northern Market, Hackensack Meridian Health

Mark is the President of Hackensack Meridian *Health's* (HMH) North Region, overseeing five hospitals including Hackensack University Medical Center, the academic flagship of HMH. Previously, he held the position of President and Chief Hospital Executive at Hackensack University Medical Center from 2018 to 2024, after serving as EVP and COO at the same institution. In July 2024, his role expanded to include oversight of HMH's Ambulatory Continuum and Laboratory Services across the entire system. He will begin his first NJHA term in 2025.



Darrell K. Terry, Sr., MHA, MPH, FACHE, FHELA

President and CEO, Newark Beth Israel Medical Center and Children's Hospital
of N.J., RWJBarnabas Health

Darrell began his career at Newark Beth Israel Medical Center and Children's Hospital of New Jersey in Operations Management. He was named Senior Vice President of Operations in 2006, became COO in 2011 and assumed his current position as President and CEO in 2016.

He was appointed to the NJHA Board in 2020 and will continue to serve on the HBS Board in 2025.



Kenneth M. Esser, Jr.

Executive Vice President, Behavioral Health CTS and Special Advisor to the CEO. Hackensack Meridian Health

Ken serves as Executive Vice President of Care Transition Services in Behavioral Health for Hackensack Meridian *Health*. He is also the interim President/CHE of Carrier Clinic. He joined the organization in 2018 and previously served as Chief of Staff, where he was responsible for the central coordination of all activities of the office of the CEO. He also served as the liaison to the Board of Trustees and led the development of external relations strategy to elevate Hackensack Meridian *Health* and the executive leadership team.

He has been appointed as an associate to the NJHA Board for 2025.



Frank A. Ghinassi, PhD, ABPP
President and CEO, Rutgers University Behavioral Health Care
Ex-Officio

Dr. Ghinassi is President and CEO of Rutgers University Behavioral Health Care. He is responsible for a statewide system of academically based mental health and addiction services. In addition, he functions as Senior Vice President of Behavioral Health and Addictions Service Line at RWJBarnabas Health.

He was appointed to the NJHA Board in 2017. He also serves as chair of the HRET Board and on the NJHA Governance and Nominating and Executive Compensation committees.



Leslie D. Hirsch, FACHE
President and CEO, Saint Peter's Healthcare System
Ex-Officio

Les serves as President and CEO of Saint Peter's Healthcare System. He also has served as President and CEO at healthcare institutions in Camden, Denver and New Orleans.

He was appointed to the NJHA Board in 2021. Les previously served two terms as NJHA Board chair from 2015–2017 and chaired the Property Tax Task Force. He also has served on the Executive Committee, along with the Strategic Planning, Executive Compensation and Governance and Nominating committees.

He will continue to serve on the Executive Compensation and Governance and Nominating committees and as chair of the HealthPAC Board.



Robert M. Segin, CPA Executive Vice President and Chief Financial Officer, Virtua Health Ex-Officio

Bob is Executive Vice President and Chief Financial Officer at Virtua Health. He is responsible for the health system's overall strategic financial planning and treasury management.

He was appointed to the NJHA Board in 2016 and is chair of the HBS Board and Investment Committee. Bob also serves on the Finance, Governance and Nominating and Executive Compensation committees.

### **HRET** • Board of Trustees 2025

### **Officers**

Frank Ghinassi, Ph.D., ABPP Rutgers University Behavioral Health Care Chair

Jose Azar, MD Hackensack Meridian Health Vice Chair

Robert W. Brenner, MD MMM, FACHE Valley Health System Treasurer

Patricia O'Keefe Morristown Medical Center Atlantic Health System Secretary

Cathleen D. Bennett NJHA President

Joy Lindo, Esq. NJHA Assistant Secretary

Christopher Bailey NJHA Assistant Treasurer

### **Board Members**

Vincent Barba, MD, FACHE, FACP, FHM, CPPS Matheny Medical and Educational Center

Phillip J. Driscoll, FACHE Kessler Institute for Rehabilitation - Saddle Brook

Joseph Duffy, MD St. Joseph's Health

Karen Freeman, CPHRM CentraState Healthcare System

Kathleen Kaminsky, MS, RN, NEA-BC Englewood Hospital

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**Donna Lawson, RN** *Atlantic Health System* 

Michele Morrison Hackensack Meridian Health Southern Ocean Medical Center

Meika Neblett, MD Community Medical Center RWJBarnabas Health

Michelle O'Keefe, PT Kessler Institute for Rehabilitation West Orange

Alan R. Pope Virtua Our Lady of Lourdes Hospital Alma Ratcliffe, MD Saint Peter's University Hospital

Stephanie Schwartz, FACHE, MA Overlook Medical Center Atlantic Health System

Alan Sickles, MD Saint Michael's Medical Center

Deanna Sperling, MAS, RN, CNA, NE-BC RWJBarnabas Behavioral Health Center RWJBarnabas Health

Lydia Stockman Inspira Medical Center Mullica Hill Inspira Health

Kristen Windos Monmouth Medical Center RWJBarnabas Health

Mark Stauder Hackensack Meridian Health NJHA Board Chair Ex-Officio

# Healthcare Business Solutions • Board of Directors 2025

### **Officers**

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Robert W. Brenner, MD MMM, FACHE Valley Health System Treasurer

Cathleen D. Bennett NJHA President

**Joy Lindo, Esq.** *NJHA* Secretary

Christopher Bailey NJHA Assistant Treasurer

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Frank Citara Hackensack Meridian Health Ocean University Medical Center Alan Lee RWJ University Hospital RWJBarnabas Health

Warren Moore Inspira Health

Jennifer O'Neill Cooperman Barnabas Medical Center RWJBarnabas Health

Neel Patel Kessler Institute for Rehabilitation - Chester

Maureen A. Schneider, PhD, MBA, RN, FACHE Chilton Medical Center Atlantic Health Center

Patrick R. Young
Hackensack Meridian Health

Thomas W. Scott, FACHE, FABC CentraState Medical Center Garrick J. Stoldt, CPA, FHFMA Saint Peter's University Hospital

Darrell K. Terry, Sr., MHA, MPH, FACHE Newark Beth Israel Medical Center RWJBarnabas Health

Mark Stauder Hackensack Meridian Health NJHA Board Chair Ex-Officio

Deborah D. Visconi Bergen New Bridge Medical Center NJHA Board Vice Chair Ex-Officio

# NJHA HealthPAC • Board of Trustees 2025

### **Officers**

Leslie D. Hirsch, FACHE Saint Peter's University Healthcare System Chair

Madeline Ferraro, Esq. Atlantic Health System Vice Chair

Cathleen D. Bennett NJHA President

Christopher Bailey NJHA Treasurer

Christine Stearns NJHA Secretary

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Christine Carlson-Glazer, MPH, CHE Deborah Heart and Lung Center

Sister Patricia Codey, S.C., Esq. Chair, NJHA Council on Hospital Governance

Christopher James RWJBarnabas Health Amy B. Mansue Inspira Health

Kenneth M. Morris, Jr. St. Joseph's Health

Kenneth Sable, MD, MBA, FACEP Hackensack Meridian Health

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Frank Schultz Jefferson Health New Jersey

Douglas A. Struyk, CPA, LNHA Christian Health

Deborah D. Visconi Bergen New Bridge Medical Center

