

At 35 weeks, a baby's brain weighs only two-thirds of what it will weigh at 39 weeks.

If your pregnancy is healthy, and you are planning to schedule your baby's birth, it is best to wait to deliver your baby until 39 weeks.



Let nature decide when it's time for your baby to be born. You will be doing the best thing for the health and safety of your new baby.



Let Nature Take its Course

Talk to your doctor, nurse or midwife about the risks of choosing to have your baby early



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You might not have a choice about when to have your baby. If there are problems with your pregnancy or your baby's health, you may need to have your baby earlier. But,

if you have a choice and you're planning to schedule your baby's birth, wait until 39 weeks.

Did You Know.....

FACT: Babies are healthier and have fewer problems if they are born after 39 weeks.

FACT: Babies need 39 weeks for the brain, lungs and liver to grow the way they should.

FACT: Babies born before 39 weeks may have more trouble breathing and can develop problems that put them in an intensive care unit for new babies.

FACT: Babies born before 39 weeks may have trouble eating.



FACT: Babies born before 39 weeks may have vision and hearing problems.

FACT: Babies born before 39 weeks may not be big enough to keep themselves warm.

FACT: Babies born before 39 weeks have a higher chance of developing jaundice (yellowing of the skin).

FACT: Babies born before 39 weeks are more likely to return to the hospital or stay in the hospital longer.