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**End-of-Life Care in New Jersey**  
*An Acute Care Perspective on*  
*Patient-Centered Planning*  
**A Program for Physicians**

**Feb. 18, 2009**

Crowne Plaza Hotel  
390 Forsgate Drive  
Monroe Township, N.J.

Sponsored by:  
New Jersey Hospital Association Institute for Quality & Patient Safety



## PROGRAM OBJECTIVES

The natural end of life often follows predictable stages in the progression of disease. Throughout the process there exist multiple opportunities to involve the patient and family in the end-of-life care planning. These opportunities are often not addressed in a timely manner, particularly in the acute care setting. Information from the Dartmouth Atlas Project suggests that this may be more true in New Jersey than in other states. On average there is more aggressive utilization of clinical services in the last months of life for New Jersey residents than in most other states. This conference accepts that the outcomes from the Dartmouth Atlas represent an opportunity to improve end-of-life care in New Jersey. It also takes the optimistic view that measurable improvements can be derived from an organized action plan whose goal is meeting the needs of end-of-life care patients.

At the conclusion of this activity participants should be able to:

- ◆ Demonstrate a better appreciation of why healthcare at the end of life in New Jersey is more costly, drawing from the perspectives of multiple disciplines;
- ◆ Develop a model hospital plan to improve end-of-life care in New Jersey's hospitals; and
- ◆ Identify the barriers to improving healthcare at the end of life that require additional attention in the regulatory arena.

## WHO SHOULD ATTEND

Physicians who are involved with the care of patients at the end of life.

## CONTINUING EDUCATION CREDITS

The Health Research and Educational Trust (HRET) is accredited by the Medical Society of New Jersey (MSNJ) to provide continuing medical education for physicians. HRET designates this educational activity for a maximum of six *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

## PROGRAM SCHEDULE

8:30 *Registration and Continental Breakfast*

9:00 **Welcome and Overview**  
**Aline Holmes, RN, APNC, MSN, BC**  
Senior Vice President, Clinical Affairs  
New Jersey Hospital Association

### **End-of-Life Care**

**Joanne Lynn, MD**

Bureau Chief, Chronic Disease and  
Cancer

Community Health Administration

Department of Health

Government of the District of Columbia

**Fred Jacobs, MD, JD**

Executive Vice President & Director,  
Quality Institute

Saint Barnabas Health Care System

Former Commissioner of Health of New  
Jersey

### **Palliative Care in Hospitals: Making the Case**

Five reasons palliative care is growing as a movement in the United States and ways in which palliative care is beneficial for patients, hospitals and clinicians.

**Nathan Goldstein, MD**

Assistant Professor

Director, Integrated Fellowship in

Palliative Medicine

Brookdale Department of Geriatrics and

Adult Development

Mount Sinai Medical Center

12:00 *Networking Luncheon*

1:00 **Breakout Sessions**

Each of the breakout sessions will be a tabletop work session, the objective of which will be to develop a list of practical, actionable solutions to the problem area posed. Each group will have an expert, a facilitator and a recorder.

**CHOOSE ONE OF THE FOLLOWING WORKSHOPS TO ATTEND:**

**Session 1**

**Early Identification of End-of-Life Care Preferences**

This group will be charged with identifying screening tools or assessment activities that can be uniformly implemented in New Jersey's hospitals to assure that a patient's goals regarding end-of-life care are determined before the patient's ability to participate is compromised. Participants will discuss methods to address inter-generational and cross-cultural differences in expectations from healthcare at the end of life.

**Session 2**

**Palliative Care Integration**

This group will work on developing a best practice model for the integration of palliative care practitioners in the acute care setting. Participants will identify a set of ideal steps physician leaders might employ to spark rapid change in the acute care setting with respect to end-of-life care.

**Session 3**

**Futility of Care**

At this workshop, participants will develop a plan to assist physicians in better understanding futile care and the practices that can be implemented to improve the management of patients in end-of-life care circumstances.

**Session 4**

**Post-Acute Care for End of Life**

Participants at this session will identify steps acute care facilities may take to better integrate end-of-life care transitions into the expectations of patients and family members, particularly as it relates to meeting patient expectations. What models – including those in other states – represent best practice and achieve better outcomes?

3:00 **Reports from Work Groups – Next Steps**

4:00 *Adjournment*

Disclosure information: Full disclosure will be provided at the educational activity.

To register online with a credit card  
please go to [www.HRET-Register.com](http://www.HRET-Register.com)

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**REGISTRATION** (Please Type or Print Clearly)

Sem. #0910 (End of Life Phys.) \$195/\$295

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In the event of inclement or questionable weather conditions, please call 609 275-4140 for meeting information.



#### REGISTRATION INFORMATION

Fees: NJHA Hospital, Institutional and Associate Member: \$195 ea.

Non-member \$295

Fee includes continental breakfast, lunch and materials

- **Payment by credit card or check along with the registration form is required at enrollment.**
- Registrations will be accepted by FAX at 609-275-4271 ONLY IF ACCOMPANIED BY credit card information (MasterCard, VISA or American Express).
- Make checks payable to: HRET of NJ
- Mail to:
  - Educational Services
  - HRET of NJ
  - P.O. Box 828691
  - Philadelphia PA 19182-8691

**If your check is being processed you may use a credit card to hold your registration. Please write "HOLD ONLY" by the credit card information. Credit card will be charged if check not received by the date of the conference.**

#### I AGREE TO THESE TERMS.

- Cancellations received by **Feb. 9**, will receive a refund minus a \$50.00 per person service fee. Cancellations received after that date will not be eligible for a refund.
- Registrants unable to attend may send an alternate.
- **No confirmation will be sent.**
- For FAX copies of brochures or a calendar of upcoming seminars, call Brochure Hotline at 609-275-4113.

Please note: **Parking is in the rear of the building.**

FOR MORE INFORMATION, OR IF YOU HAVE A DISABILITY AND NEED A SPECIAL ACCOMMODATION, PLEASE CALL, 609-275-4180 or 4181.